



**UPGRADE LABS**

Simeon Panda  
2013 European Champion Winner

# FOUR BY FOUR CHALLENGE

Join Upgrade Labs' **4x4 Challenge** and you could win a chance to train with fitness expert, entrepreneur, and 2013 European Championship winner Simeon Panda!

## HOW IT WORKS:

From **Aug. 1 - Aug. 31**, visit any Upgrade Labs location to complete four weekly challenges and track your progress in our **4x4 App**.

Each week, one member who has completed all challenges will be drawn at random to win:

- » **FOUR** personal training sessions with Simeon Panda
- » **FOUR**-week free membership for a guest
- » **FOUR** clinic services like Quick Boosts, Wellness IVs, etc.
- » **\$40** gift card for the Upgrade Labs shops

Visit [www.UpgradeLabs.com/4x4Challenge](http://www.UpgradeLabs.com/4x4Challenge) for more complete rules and information.

The above services are provided by The Clinic at Upgrade Labs Inc, an independent California Professional Medical Corporation operated by Patty DiBlasio, MD, MPH.

This information is solely provided for educational purposes only and is not intended to diagnose, treat or cure any disease. Always seek the advice of your physician or health care provider with any questions you have regarding a medical condition, and before undertaking any diet, dietary supplement, exercise, or other health treatment program.

